

Spring 2016

Our Mission

Fort Wayne Community Schools in partnership with Parkview Physician's Group is dedicated to establishing and promoting wellness and healthy life styles in our employees, spouses and dependents by focusing on prevention, early detection and treatment and managing of chronic diseases at our Health & Wellness Centers.

How to Utilize the Center

The FWCS Health & Wellness Center is intended to promote wellness in our employees and their families. They are set-up to help employees and their families manage their long-term health and wellness, as well as help in immediate health care needs, such as sicknesses.

Eligibility

All employees, dependent children, and spouses who are participants in the FWCS Health Plan are eligible to use the Health & Wellness Center. Please present proof of coverage upon arrival at the Center.

Available Services

- Primary and secondary disease prevention
- Preventive care
- Comprehensive well woman exams
- Diagnosis and treatment of most chronic health conditions
- Treatment of acute, non-life threatening illness, injuries & infections
- Lab testing: Diagnostic and screening
- Routine screenings: Glucose monitoring, blood pressure checks, cholesterol levels, etc.
- Routine injections: Cortisone, Flu vaccinations
- Evaluation and basic medication management for behavioral health conditions
- Routine physicals: adult, college, sport & camp
- Routine medication management & refills
- Wellness Coaching & Education: Personalized wellness coaching offered at your school location or in the center
- Wellness Classes & Programs: Nutrition, fitness, stress management, Freedom from Smoking
- Access to Nurse Care Advisor who can help you navigate the complex healthcare system and who will follow up with you after an Emergency Room visit or hospital admission to coordinate any additional care you may need.

Contact Us

Appointment Scheduling, Same Day Appointments & Medication Refills

24/7 Call Center Access (260) 373-7524

Lab draws – no appointment necessary

Please allow 24 hours for Medication Refills

Health & Wellness Center Question

FWCSclinic@parkview.com

Nurse Care Advisor

Care.Advisor@parkview.com (260) 266-5442

Wellness Coaching Appointments & Questions

FWCSWellnessCoach@parkview.com

Medical Emergencies

Call 911 immediately

Appointments

40 Minute Appointments

- Initial new patient visit will address extensive health history, medications, multiple health concerns including chronic conditions
- Existing patient visit: annual physical exams, well woman exams (PAP, pelvic & breast) and will allow for extended discussions or questions for provider.

20 Minute Appointments

- Acute illness
 - Follow-up visits for ongoing health concerns and review of diagnostic testing results
 - Medication management – any new prescription must be verified by a provider at the center
- **Refills will only be good for 6 months. You must be seen every 6 months to continue getting your medication.

Same Day Appointments

- The goal of the Health & Wellness Center is to provide every patient with a positive experience. One of the keys to achieving this goal is making sure there is little to no wait time for anyone, by maintaining scheduled appointment times. Please do not walk-in to the clinic for same day care, without an appointment.
- For acute illness, please call the clinic to request a same day appointment (if available). We will do everything we can to fit you in to the schedule.

MyChart – Online Patient Portal

MyChart.Parkview.com – Your One Story of Care

As a patient of Parkview, you now have access to your health information from the convenience of your home, or even from the palm of your hand

How to sign up

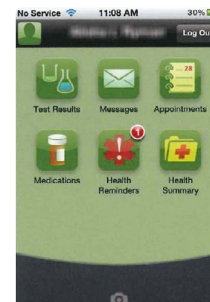
- In the clinic
- Contact your wellness coach

What Can You Do in MyChart?

- View your health summary, including current medications, allergies and immunizations
- View and print lab results

How You'll Benefit from MyChart

- Access all your Parkview Health information anytime, anyplace
- Save time spent organizing your health files
- Cut down on “phone tag” by sending a message to your physician
- With proxy access, stay informed about loved ones' health information
- Know and understand more about your own health



Center Hours

Auburn Road Location

Monday, Tuesday, Thursday, Friday 7a-7p
Closed Wednesday, Saturday, Sunday & Holidays

Catalpa Location

Monday, Wednesday, Thursday 7a-7p
Friday 7a-11a
Closed Tuesday, Saturday, Sunday & Holidays