



Fort Wayne Community Schools

March 2017 Elementary Large Lunch Menu

"Savor the Flavor of Eating Right,"
with
National Nutrition Month!

This month let's focus on appreciating the pleasures, traditions, and great flavors food adds to our lives. Not only is it important to eat nutritious foods but also create an environment kids will enjoy eating. Turn off the TV, put away the cell phones, and sit down at the dinner table as a family at least once a week and enjoy the people and food around you. Make eating together an occasion which the whole family can enjoy!

For more information on National Nutrition Month and some fun games for your kids please visit:
www.nationalnutritionmonth.org/nnm/games/



This menu is pork free.

Menus are subject to change without notice.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>For more information, visit our website at: http://foodservice.fwcs.k12.in.us/</p>		<p>1 Mexican Cheese Sauce Breadsticks Fresh Broccoli Baby Carrots Tropical Fruit Milk</p>	<p>2 Ham & Pancakes Green Egg Cucumber Coins Sweet Potato Coins Baby Carrots Milk</p>	<p>3 Stuffed Crust Cheese Pizza Potato Wedges Grape Tomatoes Baby Carrots Fresh Green Apple Pumpkin Muffin Milk</p>
<p>6 Totally Taco Snax Refried Beans Spanish Rice Baby Carrots Chilled Peaches Chocolate Chip Cookie Milk</p>	<p>7 Mini Corndogs Sweet Potato Coins Potato Salad Baby Carrots Fresh Kiwi Banana Bread Milk</p>	<p>8 Cheesy Chili Tortilla Chips Cucumber Coins Baby Carrots Fresh Orange Molasses Cookie Milk</p>	<p>9 Zesty Orange Chicken Whole Wheat Roll Steamed Rice Chop Salad Baby Carrots Applesauce Milk</p>	<p>10 Galaxy Cheese Pizza Corn California Veggies Baby Carrots Strawberries Orange Cookie Milk</p>
<p>13 Breaded Chicken Sandwich Potato Wedges Capri Vegetables Baby Carrots Chilled Pears Sugar Cookie Milk</p>	<p>14 Cheesy Bread Italian Dunker Sauce Mini Pretzels Sugar Snap Peas Baby Carrots Orange Pineapple Ice Milk</p>	<p>15 Macaroni & Cheese Whole Wheat Roll Steamed Broccoli Baby Carrots Fresh Red Apple Carrot Cake Milk</p>	<p>16 Beef & Bean Nachos Salsa Dipping Cup Spanish Rice Baby Carrots Banana Milk</p>	<p>17 Crispy Fish Nuggets Baked Beans Mini Pretzels Coleslaw Baby Carrots Applesauce Milk</p>
<p>20 Teriyaki Beef Whole Wheat Roll Steamed Rice Green Beans Baby Carrots Strawberries Oatmeal Cookie Milk</p>	<p>21 Italian Spaghetti Whole Wheat Roll Chop Salad Italian Vegetables Baby Carrots Fresh Orange Milk</p>	<p>22 Chicken Tenders Breadsticks Corn Baby Carrots Fresh Pear Blueberry Muffin Milk</p>	<p>23 Grilled Cheese Sandwich Steamed Broccoli Baby Carrots Spiced Apples Fruit Cocktail Banana Split Cookie Milk</p>	<p>NO SCHOOL TODAY</p>
<p>27 Hot Dog Mini Pretzels Peas Baby Carrots Mand Oranges & Pineapple Chocolate Chip Cookie Milk</p>	<p>28 Beef & Bean Burrito Spanish Rice Refried Beans Baby Carrots Fresh Red Apple Milk</p>	<p>29 Chicken Fryz Whole Wheat Roll Sweet Potatoes Capri Vegetables Baby Carrots Chilled Pears Milk</p>	<p>30 Chicken & Rice Whole Wheat Roll California Veggies Baby Carrots Chilled Peaches Butterscotch Cookie Milk</p>	<p>31 Cheese Pizza Breadsticks Chop Salad Baby Carrots Raisins Apple Muffin Milk</p>