



The Fort Wayne Community Schools Return to Play Plan is based on and co-exists with Indiana Department of Education (IDOE), Centers for Disease Control and Prevention (CDC), Allen County Department of Health, Indiana High School Athletic Association (IHSAA) and Ellis & Associates Inc. guidance. *All guidance and this plan are subject to change as new information emerges.*

**FWCS Training:** All student-athletes, coaches and anyone who engages with student athletics (hereinafter participants) will be trained on COVID-19 by watching a video created by the FWCS Health and Wellness Department prior to participation.

**Vulnerable Participants:** Participants 65 years of age and older and those in high-risk categories should consult with their health provider prior to participation in any practice, workout, event or athletic activity (hereinafter activity) and should remain a distance greater than 6 feet from others to the greatest extent possible.

**FWCS Screening Procedure:**

- 1) All participants, including guest swimmers, must self-screen for COVID-19 symptoms prior to activity.
- 2) Participants must answer the following two questions:
  - a. Do you have any of the following CDC-identified symptoms of COVID-19 (this list of symptoms may be updated as CDC guidance changes):
    - i. fever over 100.4 degrees
    - ii. chills
    - iii. cough
    - iv. shortness of breath
    - v. unexplained fatigue, muscle or body aches
    - vi. unexplained headache
    - vii. new loss of taste or smell
    - viii. sore throat, congestion/runny nose
    - ix. diarrhea
    - x. nausea or vomiting
  - b. Have you had close contact or cared for someone who
    - i. has exhibited symptoms of COVID-19
    - ii. tested positive or
    - iii. been declared presumptively positive by a healthcare provider for COVID-19

If a participant answers “yes” to either of the questions, he/she will be restricted from participating in the activity until authorized to return. Participants who exhibit symptoms during an activity must leave immediately (go home and stay home).

\*A close contact is anyone you’ve been within 6 feet for longer than 15 minutes within the past 14 days.

**Returning to Participation:** Participants who are excluded from an activity through the screening process outlined above should consult their physician or the Allen County Department of Health.

The FWCS Health and Wellness Department, in conjunction with the Department of Health, will provide guidance on the amount of time participants need to be removed from Natatorium usage, based on current CDC and Health Department guidance. Currently, that guidance requires exclusion of a participant for a minimum of 10 days, which will be shortened only with medical documentation.

**Testing:** Participants are encouraged to get testing if they have any of the symptoms identified above or close contact with anyone who has the symptoms or has tested or is presumed COVID-19 positive. Participants may find a list of free Indiana State Department of Health/Optum testing sites at <https://www.coronavirus.in.gov/2524.htm>.

**Cohorts:** Cohorts of 5-15 student-athletes will be established for all activities prior to participation to minimize social contact. Student-athletes will remain in the same cohort throughout the summer.

**Expectations:**

- 1) Face coverings: All participants must wear face coverings to the greatest extent possible, except as otherwise stated in IDOE and IHSAA guidance. Exceptions include
  - a. participation in strenuous activity
  - b. while swimming or diving
  - c. pre-existing condition preventing the wearing of a mask (any such pre-existing condition(s) must be reported to the coach/athletic director/principal)

Face coverings must fully cover both nose and mouth. Participants and staff are expected to provide their own face coverings.

- 2) Social distancing: All participants are expected to
  - a. stay at least 6 feet (about two arms' length) from other people
  - b. not gather in groups
  - c. stay out of crowded placesto the greatest extent possible, except as otherwise stated in IDOE, IHSAA and Ellis & Associates guidance. *Face coverings are not a substitute for social distancing.*
- 3) Spitting is forbidden.
- 4) No high-fives, hugging or other close-contact celebrations.
- 5) All summer activities are voluntary.
- 6) While using athletic equipment, participants must sanitize hands and follow established cleaning measures.
- 7) Participants should wash hands frequently. While inside HPB Natatorium, avoid frequently touched surfaces. Wash hands for at least 20 seconds or use hand sanitizer before beginning an activity and at the end of the activity. (Clean hands in; clean hands out.)

**Participant Expectations:**

- 1) Prior to participation, all Natatorium users are required to sign the HPB Natatorium Assumption of Risk, Waiver and Release. (FWCS students and coaches will sign the FWCS Assumption of Risk, Waiver and Release.)
- 2) Participant apparel (uniforms, swimsuits, etc.) and equipment must be clean and/or sanitized prior to each visit.

- 3) Participants must not share personal equipment (goggles, swim caps, swimsuits, etc.), clothing, towels, water bottles and other individually used items.
- 4) Participants must provide their own water, Gatorade or other beverages.

### **Coach Expectations**

- 1) Coaches must track student screening and attendance and report any irregularities to their athletic director or principal, who will notify the FWCS Athletics and/or Health and Wellness departments. Coaches will report to HPB Natatorium staff upon request. This information could be used for contact tracing.
- 2) Coaches must establish and administer a routine for hand sanitation and cleaning measures for student and adult participants, before, during and after an activity.
- 3) Coaches will prohibit sharing of equipment, clothing, towels, water bottles, etc.

### **Sanitation and Mandatory Guidelines**

- Sanitation hubs and locations will be identified with signage in the HPB Natatorium.
- Signage will be posted in all open restrooms showing proper hand-washing procedures and other measures to prevent the spread of disease, such as covering coughs and sneezes and avoiding touching the face.
- HPB Natatorium will use the sanitation practices outlined in HPB Natatorium Disinfectant Protocols.
- Shared equipment, such as kick boards, pull buoys, etc., will be cleaned and sanitized by student-athletes and/or coach before, during and after being used by a cohort or team.
- Water fountains are off limits, with the exception of fountains that can be used to fill individual bottles.
- Locker rooms will not be available for use. Restrooms and showers will be available.
- Swimmers must shower prior to using the pool and after using the restroom.

### **Reduced Capacity**

- Locker rooms - 33/Locker room
- Deck/Pool - 200
- Lobby Area - 11
- Classroom - 19
- Upstairs Bleacher Area - 81
- Upstairs L & Mezzanine - 128
- Upstairs Restrooms - 9/Restroom
- Office Area - 2
- Lifeguard room - 12

### **Lifeguard Training Modifications and Expectations**

Lifeguards will follow Ellis & Associates Lifeguard Training During COVID-19 2020 guidelines, which are updated as needed, to minimize risk of exposure during training.

### **SUMMER PHASES**

#### **July 6-19, 2020 (Phase I)**

- Signs and messages will be posted for public education on ways to “stop the spread.”
- The HPB Natatorium will be off limits to spectators.
- Individuals will be allowed in based on lane space availability and staggered to enter and exit around teams.
- Benches and bleachers on deck will be marked and staggered for use.
- No recreational swimming will be scheduled.
- Equipment will be identified clean or dirty (and then disinfected for re-use).
- Teams:
  - will be scheduled as a cohort and will not practice with other teams.
  - must have a coach or approved parent helper outside the HPB Natatorium to stagger sending athletes through the lobby. No more than nine at a time can walk through to the coach on the pool deck.
  - teams will not be allowed to enter the HPB Natatorium more than 10 minutes prior to practices.
  - must follow USA Swimming or USA Diving guidelines for social distancing (see Social Distancing Practice Layout)
  - will not be allowed to participate in indoor dryland activities.

### **July 20–Aug. 2, 2020 (Phase II)**

- Signs and messages will be posted for public education on ways to “stop the spread.”
- The HPB Natatorium will be off limits to spectators for practices, with the possibility of allowing one spectator/family, if the City Swim meet is held (a separate plan will be presented, if it is held).
- Individuals will be allowed in based on lane space availability and staggered to enter and exit around teams.
- Benches and bleachers on deck will be marked and staggered for use.
- Recreational swimming yet to be determined.
- Equipment will be identified clean or dirty (and then disinfected for re-use).
- Teams:
  - will be scheduled as a cohort and will not practice with other teams.
  - must have a coach or approved parent helper outside the HPB Natatorium to stagger sending athletes through the lobby. No more than nine at a time can walk through to the coach on the pool deck.
  - teams will not be allowed to enter the HPB Natatorium more than 10 minutes prior to practices.
  - must follow USA Swimming or USA Diving guidelines for social distancing (see Social Distancing Practice Layout)
  - will not be allowed to participate in indoor dryland activities.

### **Aug. 2, 2020**

The Helen P. Brown Natatorium will be closed for its annual maintenance shutdown with reopening date to be determined based on work schedule.

### **Re-Opening for school year considerations and planning:**

- Best practices for conducting safe swimming lessons

- Schedule challenges for school year timelines
- Re-introduction of spectators

### **Signage, handouts and/or waivers**

Specific COVID-19 relevant warnings will be presented to patrons in the form of signs, handouts and verbal instructions. Statements that may be included in such a sign or handout include the following:

- DO NOT enter this facility if you have a cough, fever or other symptoms of illness.
- Maintain at least six (6) feet between you and any other people who are not part of your immediate household.
- Wear a face covering when you are not actively swimming or in the pool/spa water.
- NEVER wear a face covering while actively swimming or allow children to do so.
- NEVER dive with a face covering in place.
- The danger of contracting COVID-19 exists, if you choose to enter this aquatic facility.
- You are responsible for washing your hands as well as any object/s you bring into this facility.